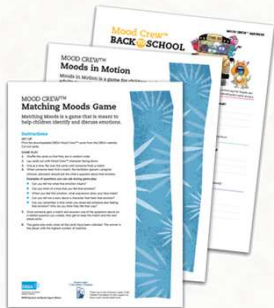


DBSA MOOD CREW

Early childhood is a time when young ones are learning about emotions and finding ways to express them. This fun and educational program, designed for ages 4 to 10, helps adults open a positive conversation about feelings with children.



Activities / Games / Stories / Worksheets / Coloring Pages



Designed by DBSA for young minds, these resources are free to download. Find them online at <https://www.dbsalliance.org/mood-crew/tools/>



Depression and Bipolar
Support Alliance

West Virginia
State Organization

WE'VE BEEN THERE. WE CAN HELP.

Brought to you by the Depression and Bipolar Support Alliance of WV.
For mood disorder support groups, visit DBSAWV.org or call 304-241-1862

