

PERINATAL MENTAL HEALTH

From the start of pregnancy through a year after giving birth, or from perinatal loss, stress manifests as psychological distress and neuroendocrine stress, resulting in a multitude of possible effects.



- Perinatal Depression



- Perinatal Anxiety

- Perinatal OCD



- Panic Disorder



- Bipolar Disorder



- Postpartum Psychosis



- Postpartum PTSD



Affecting at least 1 in 5 women and 1 in 10 men, if you are experiencing any symptoms of a perinatal mental health disorder, it is crucial to seek help.



WE'VE BEEN THERE. WE CAN HELP.

Depression and Bipolar
Support Alliance
West Virginia
State Organization

Brought to you by the Depression and Bipolar Support Alliance of WV.
For mood disorder support groups, visit DBSAWV.org or call 304-241-1862

