

LET'S TALK SUICIDE

NOT TALKING DOES NOT WORK. STOP THE STIGMA.



- Suicide is a permanent “solution” to a temporary problem.
- Suicide leaves your scars on everyone else.
- About 49,000 die from suicide EVERY YEAR in the United States.
- 2nd leading cause of death between the ages of 10 and 34.
- There were over two times as many suicides (49,316) in the U.S. as there were homicides (22,830) in 2023.

RESOURCES ARE AVAILABLE

- Crisis Hotline 988 to call or text anytime, 24/7
- Crisis Chat available anytime at 988lifeline.org
- Medical Providers (Primary Care Physician, Therapists, etc.)
- Federal Resources (SAMHSA, Medicare/Medicaid, U.S. Dept of Veterans Affairs, National Institute of Mental Health, etc.)
- National Organizations (DBSA, National Alliance on Mental Illness, American Psychiatric Association, etc.)
- State and County Agencies / Organizations, Insurance Company Programs, Employee Assistance Programs, etc.



Depression and Bipolar
Support Alliance
West Virginia
State Organization

WE'VE BEEN THERE. WE CAN HELP.

Brought to you by the Depression and Bipolar Support Alliance of WV.
For mood disorder support groups, visit DBSAWV.org or call 304-241-1862

