## MENTAL HEALTH SCREENING

Health care screenings are common, and mental health screenings should be no exception. They allow for early identification and intervention, which can lead to better outcomes.





If you think you or your child may have Anxiety, Depression, Mania, or another mood disorder please consider taking a mental health screening. DBSA WV has a Resource link.



How To Use This QR Code: Open your smartphone's camera app, point it at the code, and tap the link that appears on your screen. You can also use a QR code scanner app or service like Google Lens.

Free online screening tools are available as a guide but should not substitute for consultation with a health professional. Regardless of the results, if you have any concerns, see your doctor or mental health professional.



## WE'VE BEEN THERE. WE CAN HELP.

