### WHAT IS DBSA WV?

Depression and Bipolar Support Alliance (DBSA) is the leading national non-profit organization focusing on mood disorders, including depression and bipolar disorder, which affect over 21 million Americans, account for over 50% of the nation's suicides every year, and cost \$23 billion in lost workdays and other workplace losses. DBSA WV is the state chapter run by and focusing on West Virginians.

DBSA provides in-person and online peer-led support groups, trusted resources, and wellness tools for individuals living with mood disorders, as well as for their family members, friends, parents, and caregivers. DBSA promotes understanding, supports research, and advocates for quality mental health care access.



#### What Can DBSA WV Do For You?

If you think you have a mood disorder, please consider attending one of our free support groups (in-person or online options available across the state). Visit our website and socials for support information and other resources. Stop by our Morgantown office or event locations to pick up free literature on mood disorders and co-occurring issues. Sign up for our newsletter for wellness resources, chapter updates, and event announcements.



### WE'VE BEEN THERE. WE CAN HELP.



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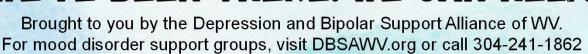
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# DBSA WV F.A.Q.

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DBSA provides peer-led support, trusted resources, and wellness tools for individuals living with mood disorders—as well as for their family members, friends, parents, and caregivers.

The organization fosters an environment of understanding about the impact and management of these life threatening illnesses by providing up-to-date, scientifically-based tools and information written in language the general public can understand. DBSA supports research to promote more timely diagnoses, develop more effective and tolerable treatments, and to discover a cure. The organization works to ensure that people living with mood disorders are treated equally.



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