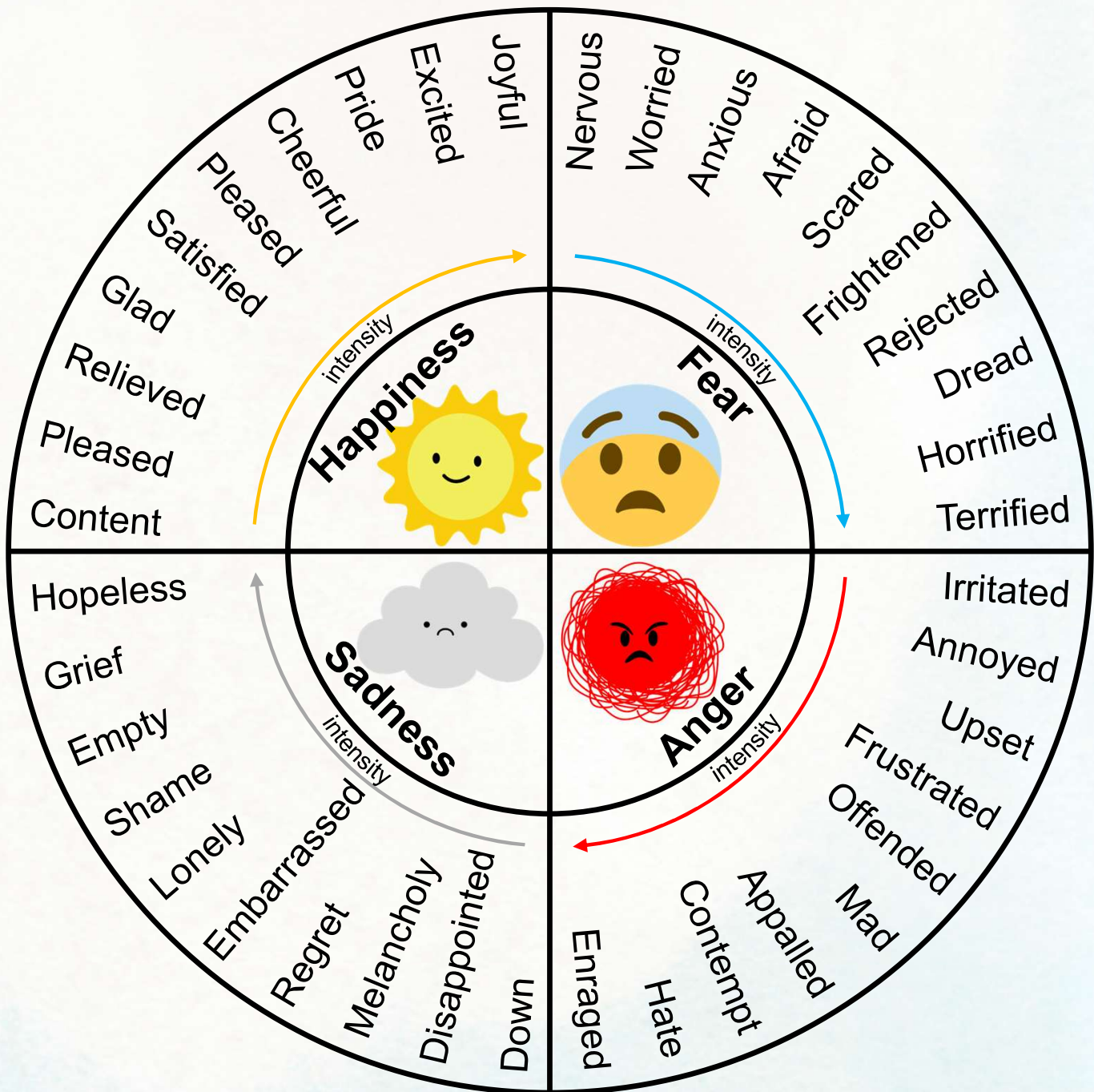


# EMOTION IDENTIFIER

Intense emotions can be overwhelming, making it difficult to identify and manage the resulting feelings. This often occurs alongside conditions such as autism, PTSD, and depression.



## WE'VE BEEN THERE. WE CAN HELP.

Depression and Bipolar  
Support Alliance  
West Virginia  
State Organization

Brought to you by the Depression and Bipolar Support Alliance of WV.  
For mood disorder support groups, visit [DBSAWV.org](http://DBSAWV.org) or call 304-241-1862

