

# WHAT IS DBSA WV?

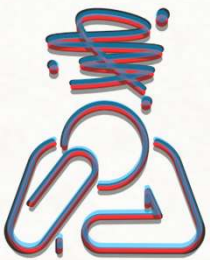
**Depression and Bipolar Support Alliance (DBSA)** is the leading national non-profit organization focusing on mood disorders, including depression and bipolar disorder, which affect over 21 million Americans, account for over 50% of the nation's suicides every year, and cost \$23 billion in lost workdays and other workplace losses.



DBSA WV is the state chapter run by and focusing on West Virginians.



DBSA provides in-person and online peer-led support groups, trusted resources, and wellness tools for individuals living with mood disorders, as well as for their family members, friends, parents, and caregivers. DBSA promotes understanding, supports research, and advocates for quality mental health care access.



## What Can DBSA WV Do For You?



If you think you have a mood disorder, please consider attending one of our free support groups (in-person or online options available across the state). Visit our website and socials for support information and other resources. Stop by our Morgantown office or event locations to pick up free literature on mood disorders and co-occurring issues. Sign up for our newsletter for wellness resources and chapter updates.



**WE'VE BEEN THERE. WE CAN HELP.**

Depression and Bipolar Support Alliance  
West Virginia State Organization

Brought to you by the Depression and Bipolar Support Alliance of WV.  
For mood disorder support groups, visit [DBSAWV.org](http://DBSAWV.org) or call 304-241-1862

