

DOMESTIC VIOLENCE AND MENTAL HEALTH

Domestic Violence is an issue that crosses all lines of age, gender, and economic status. It includes several types of mistreatment, such as physical, emotional, and psychological harm. Any of these can inflict deep and lasting damage on a person's mental health (which are frequently ignored), including PTSD, depression, and chronic anxiety.



Support groups offer a safe, non-judgmental space where people can find a communal environment that offers validation, emotional support, practical guidance, and fosters a sense of hope for the future.



Depression and Bipolar Support Alliance
West Virginia State Organization

WE'VE BEEN THERE. WE CAN HELP.

Brought to you by the Depression and Bipolar Support Alliance of WV.
For mood disorder support groups, visit DBSAWV.org or call 304-241-1862

