

# PEER SUPPORT COACHING FOR 1-ON-1 HELP

Discover hope and healing on your own terms with DBSA. A trained peer support coach can assist with personalized, one-on-one guidance for those with mood disorders



Contact us to schedule a free appointment, available in person and via Zoom.



Depression and Bipolar Support Alliance  
West Virginia State Organization

## WE'VE BEEN THERE. WE CAN HELP.

Brought to you by the Depression and Bipolar Support Alliance of WV.  
For mood disorder support groups, visit [DBSAWV.org](http://DBSAWV.org) or call 304-241-1862

